

# StandUp Active Exercise & Relax Mat



## StandUp Active Exercise&Relax Mat

*Part of our Active product range. Makes it easy to stay active, mobile and healthy all day long.*

StandUp Active Exercise&Relax Mat is a yoga, fitness and relaxation mat made entirely from natural materials. Perfect for the office – you can use several mats in a conference room – or why not at home for taking a break to do those much-needed stretching exercises or training sessions. The mat is very comfortable and has a soft cork surface. Natural rubber gives the mat weight, which provides good stability and a good grip on the floor. Find your balance and enjoy the cork product's natural feel, effective cushioning and a good grip. The mat contains only natural materials.

Specifications	
Material:	Natural cork, NBR rubber
Dimensions:	1830 mm × 610 mm × 3 mm
Weight:	2.3 kg
Care instructions:	If you use and treat it with care, the cork mat will wear organically over time. Store at normal room temperature. Clean with water and allow to dry.
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