

# StandUp Active Balance Board



## StandUp Active Balance Board

*Part of our Active product range. Makes it easy to stay active, mobile and healthy all day long.*

StandUp Active Balance Board is a balance board for people who want to stay active standing. The balance board makes it easier to find your body's balance point and a natural body posture. Active Balance Board rocks pleasantly from side to side only, which reduces the risk of tipping onto your heels. The balance board enables you to stand for longer periods, as a little movement is perceived as less tiring than standing still.

Regular use of Active Balance Board lets you stimulate and train your trunk musculature (deep, inner muscles that support and balance the spine) and thus your own balance. Your circulation is improved and you also boost your coordination. What's more, you burn more energy.

The balance plate is made from comfortable PUR

with a bubble finish vinyl surface layer that stimulates circulation. Its stylish, slim design suits both office and home environments. The rounded wooden bottom plate is made of poplar. An eyelet lets you simply hang the balance plate up when it's not in use.

Specifications	
Material:	Vinyl top. Polyurethane foam (PUR) Wood, poplar, FSC certified. NBR rubber (nitrile).
Dimensions:	500 mm x 344 mm x 58 mm
Cleaning:	Clean using mild cleaning agent.
Colour / article no:	Wood/black 551095